PROVIDING A SECURE BASE

Progress Record

Name of child:

Date of birth:

1. Availability – helping the child to trust

Date	Behaviour that shows the child's ability or inability to trust /to use caregiver(s) as a secure base	Suggested approaches to build on strengths and help with difficulties in this dimension	Change/progress

2. Sensitivity – helping the child to manage feelings and behaviour

Date	Behaviour that shows the child's ability or inability to manage their feelings and behaviour (and tune in to the thoughts and feelings of others)	Suggested approaches to build on strengths and help with difficulties in this dimension	Change/progress

3. Acceptance - building the child's self esteem

Date	Behaviour that shows the child's self esteem, ability or inability to enjoy success and manage setbacks	Suggested approaches to build on strengths and help with difficulties in this dimension	Change/progress

4. Co-operation - helping the children to feel effective – and be co-operative

Date	Behaviour that shows the child's ability or inability to make choices, feel effective, be co-operative	Suggested approaches to build on strengths and help with difficulties in this dimension	Change/progress

5. Family membership – helping the child to belong

Date	Behaviour that shows whether the child feels a comfortable sense of belonging in your family/in their birth family	Suggested approaches to build on strengths and help with difficulties in this dimension	Change/progress